

St Thomas More
School

### Newsletter

3 April 2020: Term 1, week 10

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**Principal**Mr Chris Platten

#### **APRIM**

Mrs Sonia Kilmister

Leader of Teaching,
Learning & Wellbeing
Ms Leah Williams

# Out of School Hours Care Daily

6:30am to 8:45am and 3:00pm to 6:00pm **Wednesday** 2:30 to 6:00pm (08) 8255 1626 0409 551 699



### **LEADERSHIP TEAM**

Dear Parents, Caregivers, Students and friends of St Thomas More,

### **PUPIL FREE DAYS (6-9 APRIL)**

The Government has announced that the final week of this school term (Monday 6 April - Thursday 9 April) will be a pupil free week across all South Australian schools. This means that the last day of Term for students will be Friday 3 April. This time will enable teachers and school staff to prepare for the remote delivery of lessons.

#### **COMMITMENT TO YOUR CHILD**

Please be assured, your child matters to us. Your family matters to us. Our absolute commitment is that we will support your child in their learning and wellbeing at this difficult time whether they are physically at school or at home. Regular updates are being provided on the Catholic Education SA website - <a href="https://www.cesa.catholic.edu.au/alerts">www.cesa.catholic.edu.au/alerts</a>

<u>Updates relating to St Thomas More School are being provided on our Facebook page and See Saw.</u>

#### STAFFING NEWS

I write to inform you that Mrs Sonia Kilmister will be on Long Service Leave (LSL) during Term 2, beginning Monday 27 April, 2020. Sonia will be returning to St Thomas More School at the beginning of Term 3, Monday 20 July, 2020. Mrs Robyn Mercer will be replacing Sonia while she is on LSL. We wish Sonia a relaxing and enjoyable break and look forward to her safe return to St Thomas More School in Term 3.

#### HOW TO SUPPORT LEARNING FROM HOME

As children's first and most important teachers, families have a major role to play in motivating children to succeed in their learning. Try to focus on these methods of helping your kids succeed at school.

### 1. Quality over quantity

The hours you spend helping your kids are not a reflection of how much you're helping them. In fact, some of the world's best performers in educational standards have the lowest levels of parental help. Finnish parents, for example, help their kids with school work for 3.1 hours a week - one of the lowest figures in the study and education experts think Australia's relatively low level of parental intervention is a good thing!

Professor Debra Hayes says that the results of the survey 'reflect well on Australian parents and reflect well on teachers that they're setting the kind of homework that doesn't require the whole family to be involved'. So don't work on increasing the hours you put in, work on getting the most out of them!

And you can do that by helping through...

#### 2. Assistance over answers

In a post from our archives, we suggested why parents shouldn't be helping kids with their homework. If you help your kids to find answers to questions or to complete their tasks, you're stopping them from improving their own problem solving and research skills.

And as Professor Hayes said - teachers are assigning students work that they know and expect they can complete on their own. If you do part or all of the work for them, you're sending the message that you don't think they're up for the challenge. This can lower their confidence in their abilities and decrease their motivational levels, because they know they can rely on you to help them get the work done.

#### **LEADERSHIP TEAM**

**Instead of giving answers, ask questions.** Guide them in the right direction, but don't show them the way. They'll learn more, and feel a greater sense of accomplishment, if they figure things out for themselves. Speaking of which, remember to focus on...

#### 3. Learning over results

Remember, and remind your kids, of the real reason they go to school. It's not to get good grades, or to top the class, or to win awards - it's to learn. Help your kids to value the privilege of learning. Encourage them to pursue their passions, whether they're naturally good at them or not. Talk to them about subjects they may not be naturally interested in, and make them relevant, so they know that they are valuable and worth learning. And take the pressure off the end game, and put value back into the process so that they can enjoy and relish in the process of learning - and excel at it!

#### 4. Balance over excess

Out of school time shouldn't be dominated by homework and study. Kids need time to unwind, to play, to relax and to engage in activities that interest them outside of their school curriculum.

For young children, play time is an incredibly important part of learning. And for older kids, a balanced lifestyle - including socialising, personal leisure time and physical activity - is key to good mental health. Plus, if children can compartmentalise their homework, getting it done efficiently and then moving on to other tasks, they'll be much less likely to want to avoid it, and won't feel bogged down by it. Making study a consistent part of a routine is a great way to develop healthy homework habits. Offering a break, snack and some fresh air after school, but before dinner, allows kids to enjoy family time, and unwind and switch off before bed.

### 5. Long-term engagement over last-minute cramming

The key to effective learning is not mind maps, memorising and note-taking. It's engagement with the materials. So help your children to be interested in the topics they're learning. Find ways to make them relevant or exciting. Ask them questions about what they're learning, and help them to think critically about the task at hand. For young kids, for example, find ways to use maths and science in every day situations.

For older kids, discuss current events and relate them to their studies.

If students can look past the words on the page (or computer) and see how the information relates to their daily lives...

They'll be much more able to interpret and retain what they learn.

Australian parents shouldn't be worried about how many hours they clock helping their children with study. Nor should they take full responsibility for their children's homework. However, parents DO play a huge role in their children's learning. And with a little focus, and a lot of talking, you can help your kids with school without even trying.

(Taken from: <a href="https://www.melbournechildpsychology.com.au/blog/5-productive-ways-for-parents-to-help-with-school-work/">https://www.melbournechildpsychology.com.au/blog/5-productive-ways-for-parents-to-help-with-school-work/</a>)

#### **ADVICE FOR PARENTS ABOUT SOCIAL MEDIA**

"Technology will only ever be used as well and as honourably as the motives of those pressing the buttons. Everyone needs to acknowledge its extraordinary power. The technology is out of the bag and we should respect it, but not fear it. Any threat from social networks comes not from the technology, but from those who use it." (NZ Listener editorial August 27)

#### **LEADERSHIP TEAM**

The best advice is to look at the way your child manages normal everyday interactions with family and friends. If this involves constant outbursts of emotions, hostilities, accusations and tears, then their online relationships are likely to be similar. A child who has happy, respectful relationships will usually enjoy using social media and have few if any problems.

## END OF TERM ARRANGEMENTS/BEGINNING OF TERM 2 ARRANGEMENTS End of Term arrangements are:

Term 1 finishes on Friday 3 April at 3.00 pm

### Beginning of Term 2 arrangements are:

Term 2 commences on Monday 27 April at 8.50 am

#### 2020 TERM 3 RECEPTION ENROLMENTS

**Places are available**. If you have or if you know of anyone who has a child **turning 5 before October 31, 2020**, please complete and lodge an enrolment form at the Front Office.

### **2021 RECEPTION ENROLMENTS**

**Places are available**. If you have or if you know of anyone who has a child **turning 5 before May 1, 2021**, please complete and lodge an enrolment form at the Front Office.

#### **2021 TERM 3 RECEPTION ENROLMENTS**

**Places are available**. If you have or if you know of anyone who has a child **turning 5 before October 31, 2021**, please complete and lodge an enrolment form at the Front Office.

#### **EASTER BLESSINGS**

Easter is the most significant time of the Church year. It is a time when the Christian story provides us with the opportunity to reflect on hope for a positive future and a new beginning in the Resurrection of Jesus Christ. During Easter we are called to share the message of Jesus through our words and actions. The St Thomas More School staff would like to wish you all a safe, happy and meaningful Easter break and look forward to the children returning after Easter, where we continue to live out the Easter messages of faith, hope and love!



### Dear families,

In these uncertain times, there is help available. If you require FINANCIAL AID or help with food, vouchers, utility bills, etc., we have comprised a list of services and/or agencies that may be of assistance:

If you or someone you know is experiencing financial stress, you may be able to access:

- Food vouchers
- Chemist vouchers
- Transport vouchers
- Help with rent or accommodation costs
  - Help towards the cost of bills
- Material help, such as, food hampers or clothing



The following organisations may be able to help you in an emergency:

- Aboriginal community care: 1300 222 273
- Aboriginal family support services: 134 Waymouth St Adelaide 8205 1500
- Anglicare: 'The Mission' 91 Elizabeth Way, Elizabeth 8209 5400 or 8256 3050 or Davoren Park 8254 1937
  - Baptist care SA (food donations) 8217 7106
  - Centacare catholic family services Salisbury: 8250 3694
  - CENTRELINK financial hardship scheme (one-off crisis payment) visit: servicesaustralia.gov.au/individuals/services/Centrelink/crisis-payment Centrelink can also provide food vouchers. A current ID, health card or concession card with current address is required. Fuel vouchers may also be available.
  - Lutheran community care 22 Heytesbury Road Davoren Park 7070 6711
    - Uniting communities (north) Help with utilities bills: 1800 615 677
    - Crisis help and support Relationships Australia SA: 1300 364 277
      - St. Vincent de Paul Elizabeth 8112 8700 or Salisbury 8283 1054
      - Playford community fund incorporated- Elizabeth 8255 1599
- St Vincent De Paul 1300 729 202 for food assistance and drop in at 1:00pm on Monday, Thursday and Saturday for pick up of food.

### CAN YOU SLOVE THESE REBUS PUZZLES?





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Week 9 Newsletter answers:

How many squares are there? 40.

1. Elbow

2. Fortune

Makeup

## ST THOMAS MORE SCHOOL OSHC - VACATION CARE

Week 1: Monday 13th April – Friday 17th April 2020 Week 2: Monday 20th April - Friday 24th April 2020



Monday 13<sup>th</sup>

**PUBLIC HOLIDAY** 

**EASTER MONDAY** 

### Tuesday 14th High Tea Day

Wear your fanciest clothes and join us for a high tea celebration! Bake up a storm and participate in a range of creative crafts.

- SERVICE CLOSED -Unicorn popcorn -Rainbow cookies
  - -Flower pretzels -Cupcakes & more

### Wednesday 15th Creative

### Construction

Let's get your hands dirty! Today is all about building, making and sculpting. We also have a special Minecraft themed incursion!





Wednesday 22nd



### Thursday 16th Mad Scientists

Put on your lab coats and safety goggles for some crazy fun experiments! Have an experiment vou would

like to try? Today is the day.



-Fizzing sherbet -DIY crystals -Erupting volcanoes & more

### Friday 17<sup>t</sup> Mega Courts

Visiting Mega Courts is all about **BIG TIME FUN!** 

Have a go at laser tag, soccer, cricket, netball, dodgeball and

inflatable activities.







Monday 20<sup>th</sup> Create, Discover

and Play

Today is all about exploring and

discovering new things through

your play.

you to create and play however

Materials will be supplied for

Tuesday 21st

## Cultural Day

We wish to celebrate your family culture by visiting their home countries. Please share with us any photos, traditions, recipes or objects you may have that represent you and your family.



### Shedley Theatre

We are walking to the Shedley Theatre to watch the Amazing Drumming Monkeys perform! Once the show has finished we will have lunch together at Fasta Pasta Elizabeth.





### Thursday 23" Games 2 U

Back again by popular demand! Games 2 U are bringing their games truck, hamster balls and laser tag for you to challenge your friends and have fun!



-Bring your own electronic devices -Party games & prizes!

### Anzac Day Chefs Edition!

Friday 24th

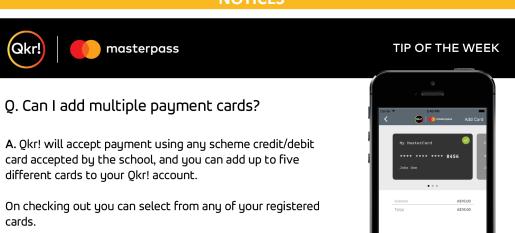
Anzac day is an important occasion for Australia and today we pay our respects by participating in a range of cooking and craft activities.



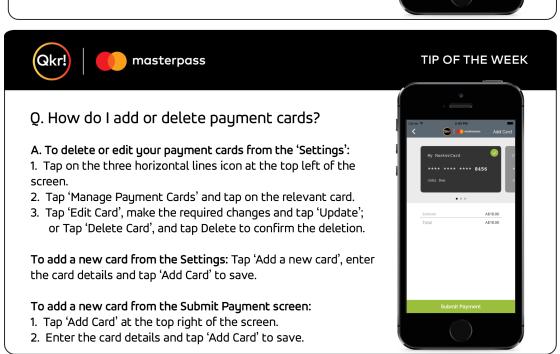


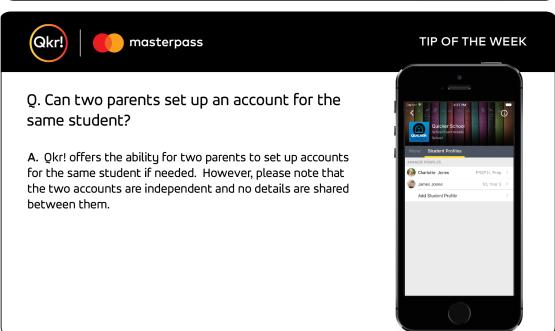






Qkr! is provided by Mastercard so you know your payments are secure. No information will be stored on your phone. Registration details and card information are saved securely on the Mastercard network.





### **Advance Notice**

### **Every Tuesday**

Parent Coffee/Tea chat 8:30am Julie ECC Playgroup 9:00am-11:00ar Principal's Tour (first Juesday of the month) 10am

Early Learning Years (ELY) 9:30am-11:30am

### 3 April

Last Day of Term 1 - School ends @ 3pm

### 5 April

Holy Week

### 9 April

**Holy Thursday** 

### 10 April

**Good Friday** 

### 12 April

**Easter Sunday** 

### 27 April

Term 2 Commences

### YOU MAY HAVE NOTICED . . . On our face book site the

special edition of "The Pope Video", the Holy Father asks us to pray for the sick and the suffering, while thank-#PgrayForTheWorldunThe Pope Wide & PATONESS of Mairch 2020us tradition or convictions, pray for those affected.



"How wonderful it is that nobody need wait a single moment before starting to improve the world".

- Anne Frank

### **School Access Term 2**

#### 8.30am to 8.50am

Access via main front courtyard gate at the school crossing.

### 8.50am to 2.45pm

Access via green front pool gate in front of administration building. You will need to lift the pool lock at the top of the gate to open and





